



PALM ISLAND RESORT & SPA FACT SHEET

LOCATION	Palm Island, St. Vincent and the Grenadines
WEBSITES	www.palmislandcaribbean.com www.eliteislandresorts.com
GENERAL MANAGER	Katie Rosiak generalmanager@palmislandsvg.com
RESERVATIONS	800.771.4711 or 954.481.8787 reservations@palmislandsvg.com
DESCRIPTION	<p>Palm Island is an eco-friendly, Green Globe certified private island resort with a dash of sophistication. This luxury All-Inclusive, 135-acre property offers a range of amenities, activities, dining options and accommodations.</p> <p>Palm Island is located near the southern tip of St. Vincent and the Grenadines, a chain of 32 islands and cays known for natural beauty and clear, tranquil waters. The area's abundant sea life, coral reefs and unique shipwrecks attract recreational sailors and divers from around the world.</p> <p>Inter-island airfare is complimentary for guests staying seven nights or longer. Once they arrive in Barbados (BGI) or St. Lucia (UVF), guests take a convenient, 30-minute flight to Union Island. Upon arrival, guests are met at the airport and whisked away by golf carts to the resort's private boat, where they are greeted with bottled water and chilled face cloths for their ten-minute boat ride to the resort.</p> <p>Palm Island will accept children age 12 and older during the dates of April 24, 2016 – January 2, 2017. For the rest of the year, guests must be age 16 or older to stay on Palm Island.</p>
WHAT'S NEW	<p>Recently, Palm Island Resort & Spa has received a number of awards: a 2018 TripAdvisor Travelers' Choice Award, a 2017 TripAdvisor Certificate of Excellence, and a 2017 Condé Nast Readers' Choice Award.</p> <p>Over the past year, all aspects of the resort's culinary experience have been upgraded, including new menu offerings, presentation and service. The resort's menus change</p>

based on season and availability, incorporating locally grown herbs and produce, some of which are from the on-property greenhouse. These ingredients are also used in new flavor-infused waters and cocktails. This chilled, naturally flavored water as well as frozen fruit popsicles are served during peak hours each day at the beach and pool areas.

Another new local food and beverage initiative is the resort's coconut program. With more than 2,000 coconut-bearing trees spread across the 135-acre island, Palm Island naturally provides a seemingly endless supply of coconuts. This local, naturally beneficial product is now harvested and incorporated into the daily rotating menu. Sample breakfast items include coconut-flavored bread, waffles and pancakes. Lunch and dinner items include coconut rice and peas, coconut shrimp, coconut layer cake, coconut macaroons and more, all made with local Palm Island coconuts.

Coconut leaves are also used in a new weekly hat-making class, and the resort's boutique additionally features handmade soaps, jewelry and other handicrafts made from coconut by local craftsmen.

New offerings have also been added to the daily activity program and excursions, including volleyball and cricket matches, a presentation on the history of the island, and weekly cocktail receptions. For action-seeking guests, the thrill of kitesurfing is now just a ten-minute boat ride away at the JT Pro Center on Union Island, founded by professional kitesurfer Jeremie Tronet.

From November to May, there will be an Activities Coordinator teaching yoga, Pilates, and Thai massage on a weekly basis. Private classes can be organized as well for an extra fee.

Each Tuesday night there will be a Silent Cinema on the beach. Held on the sand and under the stars, it is a unique experience not to be missed.

ACCOMMODATIONS

This intimate property has only 41 guestrooms and two private villas. More than half of the 43 accommodations are set directly on the beach while the rest are located just a few steps away.

All accommodations provide the following in-room amenities: air conditioning; soft bathrobes; complimentary beverages in a refrigerated mini-bar; daily housekeeping service; nightly turndown service; personal safe; hair dryer; coffeemaker; alarm

clock; iron; and ironing board. In addition, all beachfront rooms are now outfitted with glass shutters.

A TV, computer and Internet lounge is available for guests, who may also bring their own laptops and take advantage of the complimentary WiFi access in this area.

Palm View Rooms have sitting areas, furnished terraces, two double beds or a king-sized bed (some with canopies) and master baths with separate shower and tub.

Beachfront Rooms have king-sized beds, furnished terraces with views of the Caribbean Sea and Union Island, small sitting areas and bathrooms with showers. These 20 rooms are perfect for romance and are situated in ten single-story buildings set side-by-side along the beach.

Island Lofts are located in charming, wooden cottages and feature two double beds or one king-sized bed, private terraces with ocean views toward the Tobago Cays or gardens, deep soaking tubs and separate single showers. These five airy lofts provide an abundance of charm and privacy. The Island Lofts are perched above the ground on stilts, set back from the beach amid lush gardens.

*Please note that we have two **Beachfront Lofts** that guests are able to reserve for an extra fee.

Four beachfront **Seagrape Suites** offer king-sized beds and bathrooms with double showers for two as well as large soaking tubs. Suites feature queen-size pull-out couches in sitting areas as well as oversized master baths. Of all the accommodations, these suites offer the best view of sunset as they face directly westward.

The **Southern Cross Villa**, which sleeps up to four adults, is the ultimate escape for couples. The oceanfront villa is designed with honey-toned woods, comfortable rattans and stone finishes blending into the natural environment on a panoramic bluff. The villa includes its own 10-by-10-foot infinity pool, a tiled dining terrace, an arbor patio and two master bedrooms, each with a king-sized bed, flat screen televisions, complimentary WiFi, a marble bathroom and a step-in, ocean-view shower where a large door opens to the sea. The villa's state-of-the-art marble kitchen is stocked with pantry staples including cereal, fruit, snacks, coffee and tea. For refreshment, soft drinks, beer and complimentary bottles of champagne, red wine and white wine are provided upon arrival. A complimentary golf cart is also provided for the villa.

The **Seafeather Villa** is situated on the northern shore on the longest of the island's five beaches. The villa has three bedrooms with a king-sized bed, a queen-sized bed and two twin-sized beds, a living room and a covered deck adjacent to the ocean's edge. Refreshments are stocked upon arrival, and a complimentary golf cart is provided. The villa features televisions in all rooms, complimentary WiFi, a full kitchen and a washer and dryer.

Memory House is a two bedroom/two bath beachfront villa located on the northeast side of the island and directly on the white sand beach. The back terrace features amazing views of Mayreau, Canouan and Mustique and has a small in-ground pool. Memory House has a fully equipped gourmet kitchen including 2 refrigerators, bar fridge and gas range, and a large living and dining room that expands outside. The master bedroom has a queen size bed with a walk-in-closet and an ensuite bathroom, and the 2nd bedroom has two twin beds, walk in closet and ensuite bathroom. The villa also comes with a complimentary golf cart and bicycles, and free WiFi.

Serendipity Villa is a three bedroom/two bath house located on the Northeast side of the island and directly on the beach. It has amazing views of the surrounding islands. The master bedroom includes 1 King size bed with ensuite bathroom and walk-in closet. The 2nd bedroom comes with a King size bed and the 3rd bedroom has two twin beds. The 2nd and 3rd bedrooms share a bathroom. The villa also features a fully equipped kitchen, complimentary WiFi, a washing machine and dryer, and a large pool on the back terrace.

DINING

Palm Island Resort & Spa offers daily afternoon tea, premium alcoholic beverages and three meals per day. Chef Baka Ellis is the culinary artist behind the resort's two restaurants.

Sunset Grill is a casual beachfront restaurant, offering an extensive lunch and dinner menu. Seating is available inside the restaurant or directly on the sand. Highlights include the fresh catch of the day, a mouth-watering Palm Island pizza and a local specialty dish, which changes daily.

Royal Palm Restaurant sits on the island's white-sand beach and offers a more formal dining experience. The menu highlights include croissants, eggs Benedict and cinnamon French toast with Vicentian rum butter for breakfast, salads, pizzas and pastas for lunch and an a la carte menu with a variety of international and local dishes for dinner. A wide array of coconut delicacies are also presented to guests at breakfast, lunch and dinner via the coconut treasure chest.

Return guests (those who have previously stayed at Palm Island or any Elite Island Resorts property) are honored at a weekly evening cocktail reception or dinner hosted by the general manager and their senior team.

DRESS CODE

During the day, the restaurant dress code permits covered and dry bathing suits. After 6:30 p.m. men are requested to wear long pants or tailored (Bermuda) shorts, a collared shirt and dress shoes. Ladies are requested to wear long pants including premium denim, dresses, skirts or dress shorts, and dress sandals. Flip flops, gym sneakers, T-shirts and tank tops/sleeveless shirts are not permitted in the evening.

SPA

The brand new Spa at Palm Island is now open! Its stunning beachfront location features two double treatment rooms and an additional space for nail treatments and hair & makeup services. Professional therapists from Bali and the Caribbean will offer an extensive menu of massage and beauty treatments. The treatment rooms feature a soaking tub and a whirlpool spa on the decks overlooking the gorgeous blue sea and neighboring islands. The spa offers two different product lines: Aromatherapy Associates, who have been the leading experts within aromatherapy for over 30 years, and the naturally-made Caribbean Blue Naturals range using the Hibiscus and Frangipani flowers. The Hibiscus range of products will form part of the Spa's signature treatment due to its natural properties and being known as the "Botox of the Caribbean."

ACTIVITIES

Guests can enjoy a scenic tour via bicycle or explore the ocean's wildlife during a snorkeling excursion. In addition, the resort features a lagoon-style swimming pool, complimentary tennis, croquet, table tennis, beanbag toss and horseshoe game pit, cycling, shuffleboard and water activities such as kayaking, Hobie Cats and paddle boarding. Volleyball is scheduled for 4:00 p.m. daily, and a friendly cricket match takes place every Sunday, bringing together both resort guests and staff. Guests can choose to sunbathe, stroll along one of the white-sand beaches or enjoy nighttime entertainment each evening. Guests can enjoy a weekly presentation on Palm Island's history in the art gallery. Three hiking trails, a full fitness center and a cozy library are also available. The resort offers a chef's demo and full botanical stroll each week, along with various local crafting classes throughout the week.

EXCURSIONS

For guests seeking a memorable off-island experience, daily excursions depart from Palm Island and can be arranged by the Tour Desk for an additional fee. Guests can explore the

Tobago Cays and Mayreau onboard the Yannis catamaran; take in the area's natural beauty above and below water on the resort's signature Pink Lady schooner; reel in the catch of a lifetime on a deep sea fishing trip; or explore mainland St. Vincent and nearby Union Island. Sunset and starlight cruises can be arranged on a luxury yacht as well as overnight island-hopping to other islands such as Bequia. Kitesurfing lessons are also available via the JT Pro Center on Union Island.

MEDIA RELATIONS

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