

SPA TRANQUILITY AT PALM ISLAND

FACE THERAPY

‡ Deep Clean Facial - 60 Min

One of the most complete and personalized deep pore cleansing treatments that you will ever experience. Customized for normal, sensitive, dry or oily skin types. This sumptuous facial allows the skin to be deeply cleansed, leaving it moisturized and protected.

‡ Luminous "C" and Sea Facial - 60 Min

A potent blend of stabilized vitamin "C" with the latest high-tech formulation of freeze-dried Seaweed. Ideal for reducing fine lines, strengthening elasticity and providing relief for dull, dehydrated and sun damaged skin.

‡ Men's Rejuvenating Facial - 60 Min

This conditioning facial is designed specially for men. After cleansing, steaming and exfoliating, the skin is treated to soothing and hydrating botanicals for a clearer, firmer, and more youthful look. You will leave feeling fresh and relaxed.

FACIAL UPGRADES

‡ Radiant Eye Treatment (Add to any treatment)

Helps alleviate dark circles, puffiness and the appearance of fine lines

‡ Youthful Lip Treatment (Add to any treatment)

Lips are gently exfoliated and deeply hydrated to smooth and reduce expression lines.

MASSAGE THERAPY

‡ Spa Tranquility Well Being Massage - 60 Min

Spa Tranquility signature massage, a relaxing experience incorporating Swedish massage techniques as well as movements designed to improve circulation, ease tension, reduce stress and relax the body.

‡ Back Massage or Head Massage - 30 Min / 60 Min

Great for those who would like to concentrate in this area of back, shoulder, neck and head.

‡ Reflexology - 60 Min

Release life's tensions through the energy meridians of the body located on the soles of your feet. Delight in this relaxing, therapeutic foot massage that improves circulation and restores energy flow throughout the entire body.

‡ Deep Tissue Massage - 60 Min

Feel the need for a really deep massage? Put yourself in our expert therapist's hands for a deep tissue massage experience that provides the best therapeutic modalities for releasing deep muscle layers. It's the ultimate muscle meltdown.

BODY THERAPY

‡ Aromatic Salt Glow - 45 Min

Restore your skin's radiant glow with an exfoliating sea salt enriched with Ylang Ylang, Tangerine and Lavender. As these delightful aromas entice your senses, the body is gently polished, rendering skin silky-smooth and mineralized.

‡ Detox Seaweed Wrap - 75 Min

Wrap yourself in Seaweed Therapy. This effective treatment detoxifies and re-mineralizes dry, depleted skin. Your body is covered with warm micronized seaweed and gently wrapped. As stress and toxins are eliminated, your entire body resurfaces youthful, replenished & hydrated.

BODY THERAPY (CONT.)

‡ Water Lily After Sun Soothing Treatment - 45 Min

Immediately relieve your sun damaged or sun sensitive skin with this soothing wrap. Cooling and desensitizing Water Lily, Green Tea, and Chamomile, relieve the discomfort of over exposed skin. Alleviating your skin's burning and stinging sensation, this treatment heals, desensitizes, and decreases skin temperature.

‡ Green Coffee Cellulite Wrap - 75 Min

Slim and tone your body with a cutting edge cellulite treatment. This slimming and toning wrap stimulates your body's ability to break down fat, increase metabolism and eliminate water retention. Pure 100% Micronized Green Coffee, naturally rich in chlorogenic Acid, Proteins, and essential oils, reduces those spongy, dimply, cellulite areas.

ANTI-AGING BODY THERAPY

‡ Tropicale Escape (Papaya-Pineapple) - 75 Min

Drenched with Papaya and Pineapple, this tropical wrap lets you experience a glorious sensory escape, surrounding you with the scents of vanilla and enticing tropical fruits. The skin is deeply nourished and rejuvenated, revealing an astonishing decrease in body crepiness and wrinkles.

‡ Tropicale Oasis (Mango-Passion Fruit) - 75 Min

Combining the soothing extracts of Mango and Passion Fruit, this wrap will transport you to a sublime tropical oasis where your senses are gently awakened and phenomenal visible results are obtained. The skin emerges revived, refreshed, smoother, firmer, and vividly brighter.

HANDS AND FEET TREATMENTS

‡ Spa Luxury Manicure - 45 Min

A warm hydrating soak, aromatherapy massage, nail shaping and cuticle conditioning. A detox paraffin treatment will leave your hands soothed, polished and painted to perfection.

‡ Spa Luxury Pedicure - 50 Min

A warm fragrant footbath begins the relaxation process. Your feet will be buffed with marine sea salts and wrapped in thermal mud, followed by a detox paraffin treatment, then pampered with sensuously textured creams, and finally polished to perfection. The perfect treat for over-worked feet.

OTHER SERVICES

- ‡ Deluxe Manicure - 30 Min
- ‡ Deluxe Pedicure - 40 Min
- ‡ Sport Manicure - 30 Min
- ‡ Sport Pedicure - 40 Min

PARAFFIN TREATMENTS

- ‡ Hand or Feet - 15 Min
- ‡ Both - 25 Min

SALON SERVICES

- ‡ Haircut, Hair Braiding, Styling, and more...

WAXING

- ‡ Eyebrow, Lip, Chin, Arms, Legs, Bikini, and more...